



**Vitum**



## *A+E-Vitum*



*A+E-Vitum dietary supplement is recommended for adults to supplement their diet with vitamins A and E.*

**Vitamin A** helps in the proper functioning of the immune system and in maintaining

the proper condition of the mucous membranes, contributes to the maintenance of normal iron metabolism, helps maintain healthy skin, helps in maintaining proper vision.

**Vitamin E** helps to protect cells against oxidative stress.

## *Application*

The preparation is recommended for adults to supplement their diet with vitamin A and E. The product should not be used in the case of hypersensitivity to any of the product components, during pregnancy and breastfeeding, and in the case of hypervitaminosis A. Do not take additional supplements containing vitamin A.

## *Recommended intake*

Adults – 1 capsule daily with a meal. Do not exceed the recommended daily dose. Dietary supplements cannot be used as a substitute (replacement) for a varied diet. Maintaining proper health requires a balanced diet and a healthy lifestyle.

## *Ingredients*

Flax seed oil (*Linum usitatissimum*) cold pressed, DL-alpha-tocopheryl acetate, gelatin (shell component), humectant: glycerol, retinyl palmitate.

## *The daily dose (1 capsule) contains:*

- 800 µg (2666.67 IU, 100% \*) of vitamin A
- 70 mg (77.78 IU, 583.33% \*) of vitamin E.

\*% of the nutrient reference value

## *Storage*

Store at room temperature in a dry and dark place. Dietary supplements should be stored out of the reach of small children.

## *Pack:*

- 30 capsules

*Plik wygenerowany na stronie Oleofarm.pl*