

ADEK-Vitum aerosol 6 ml



ADEK-Vitum aerosol is a dietary supplement recommended for adults to supplement the diet with vitamins A, D, E and K in a comfortable aerosol form.

Vitamin A

- helps maintain healthy skin,
- helps maintain proper vision,
- helps in the proper functioning of the immune system.

Vitamin D

- helps maintain the proper level of calcium in the blood,
- helps maintain healthy bones and teeth,
- helps in the proper functioning of the muscles,
- helps in the proper functioning of the immune system.

Vitamin E

• helps protect cells from oxidative stress

Vitamin K

- contributes to normal blood clotting,
- helps maintain healthy bones.

Application

The preparation is recommended for adults to supplement the diet with vitamins A, D, E and K.

WARNING! The product should not be used during pregnancy and breastfeeding. The product should not be consumed by people taking anticoagulants containing vitamin K antagonists (e.g. warfarin and acenocoumarol).

Ingredients

MCT oil (medium chain triglycerides), DL-alpha tocopheryl acetate (vitamin E), menaquinone (vitamin K), cholecalciferol (vitamin D), retinyl palmitate (vitamin A).

Recommended intake

Adults – 1 press of the dosing pump, once a day, during a meal.

Do not exceed the recommended daily intake. Dietary supplements cannot be used as a substitute (replacement) of a varied diet. Maintaining proper health requires a balanced diet and a healthy lifestyle.

Method of consumption

The dosing pump included in the package should be mounted on the bottle with the preparation. The pump allows you to precisely measure the right portion of the product to consume. Before first use, press the pump of the dispenser several times to fill it until the first full dose appears.

The daily dose (1 pump press) contains:

- 800 µg (100%*) of vitamin A,
- 50 μg (2000 IU, 1000%*) of vitamin D,
- 12 mg (100%*) of vitamin E,
- 75 µg (100%*) vitamin K.
- *% of reference intake

Storage

Store at room temperature in a dry and dark place. Protect from light. Dietary supplements should be stored out of the reach of small children. The product should be used within three months of opening the bottle.

Volume

• 7 ml

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