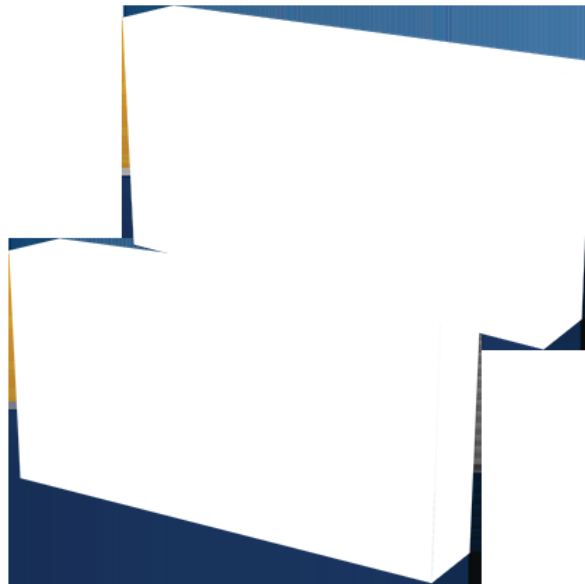




Vitum



ADEK-Vitum



Dietary supplement

Vitamins ADEK-Vitum is a dietary supplement recommended to healthy adults before the age of 75 to supplement the diet with the necessary vitamins A, D₃, E and K₂. ADEK vitamins are fat-soluble vitamins that support the body's immunity by

stimulating the immune system to be active. The vitamin complex has a formula developed on a carrier, which is linseed oil, cold pressed. The dietary supplement provides the necessary vitamins that complement a balanced diet. Vitamin K2, Vitamin E, Vitamin D3 and Vitamin A in one convenient capsule with linseed oil can be taken once a day, with a meal.

Vitamin A – helps maintain healthy skin – helps maintain proper vision – helps in the proper functioning of the immune system

Vitamin D – helps to maintain the proper level of calcium in the blood – helps maintain healthy bones and teeth – helps in the proper functioning of muscles – helps in the proper functioning of the immune system

Vitamin E – helps protect cells against oxidative stress

Vitamin K – contributes to proper blood clotting – helps maintain healthy bones

Application

The preparation is recommended to healthy adults before the age of 75 to supplement their diet with vitamins A, D3, E and K2.

CAUTION: The product should not be used during pregnancy and breastfeeding. If you are taking anticoagulants, consult your doctor before using the preparation.

Ingredients

Linseed oil (*Linum usitatissimum*) cold pressed, gelatin (shell component), humectant: glycerol, DL-alpha-tocopheryl acetate (vitamin E), menaquinone (vitamin K2), cholecalciferol (vitamin D3), retinyl palmitate (Vitamin A).

Recommended intake

Healthy adults before the age of 75 – 1 capsule daily with a meal.

Do not exceed the recommended daily dose. Dietary supplements cannot be used as a substitute (replacement) for a varied diet. Maintaining proper health requires a balanced diet and a healthy lifestyle.

The daily dose (1 capsule): contains:

- 800 µg (100% *) of vitamin A,
- 50 µg (2,000 IU, 1,000% *) of vitamin D,
- 12 mg (100% *) of vitamin E,
- 75 µg (100% *) of vitamin K.

*% of the nutrient reference value

Storage

Store at room temperature in a dry and dark place. Dietary supplements should be stored out of the reach of small children.

Pack:

- 30 capsules
- 60 capsules