



Vitum



B12-Vitum



B12-Vitum is a preparation recommended for adults to supplement their diet with vitamin B12. The product can be consumed by vegans and vegetarians. Vitamin B12 helps in the proper production of red blood cells and in maintaining the proper metabolism of homocysteine. It also contributes to the maintenance of proper

energy metabolism, as well as reducing the feeling of fatigue and weariness, supports the proper functioning of the nervous system and maintaining proper psychological functions, helps in the proper functioning of the immune system and plays a role in the process of cell division.

Ingredients

Bulking agent: cellulose, cyanocobalamin (vitamin B12), hydroxypropyl methylcellulose (shell component), anti-caking agent: magnesium salts of fatty acids.

The daily dose (1 capsule) contains: 100 µg of vitamin B12 (4000% of the reference intake value).

Recommended use:

Adults – 1 capsule daily with a meal. Do not exceed the recommended daily dose. Dietary supplements cannot be used as a substitute (replacement) for a varied diet. Maintaining proper health requires a balanced diet and a healthy lifestyle.

Application: the preparation is recommended for adults to supplement their diet with vitamin B12.

The product can be consumed by vegans and vegetarians.

Storage: at room temperature, in a dry and dark place. Dietary supplements should be stored out of the reach of small children.

Plik wygenerowany na stronie Oleofarm.pl