



Beetroot Juice with vitamin C



The common **beetroot** is a cultivated plant that is very popular for a reason. It is a source of valuable vitamins and minerals, including calcium, anthocyanins, iron or potassium supporting the proper water and electrolyte balance.

Betacyanins are responsible for the characteristic color of the beetroot. Their

important feature is antioxidant properties, contributing to the reduction of the risk of cancer and cardiovascular diseases. There is a significant amount of nitrates in beetroot, which research has shown contributes to increased oxygen uptake.

Our product is a combination of 99.95% beetroot juice (*Beta vulgaris*) and vitamin C, thanks to which it supports your immunity even better! In addition, vitamin C supports the work of the nervous system, protects cells against oxidative stress and the proper production of collagen. It also helps to reduce the feeling of fatigue!

Properties of beetroot:

- Strengthens the circulatory system!
- It has antiviral properties!
- Improves the quality of sleep!
- Demonstrates anti-cancer properties!

Why choose our juice?

- Not From Concentrate means that our juices are not reconstituted from the concentrate
- Our products are pasteurized, which extends their shelf life, while maintaining valuable properties
- The simple composition – you will not find added sugar, artificial colors or preservatives

- Our offer includes a huge amount of flavors from around the world! Try each of them and find your favorite
- The dark color of the bottle reduces the incidence of sunlight and its negative impact on the product! In addition, our juices are equipped with a non-spill stopper that facilitates pouring

Application

The preparation is recommended for children over 6 years of age and adults as a supplement to the daily diet with vitamin C.

Recommended consumption

Children over 6 years of age and adults: 60 ml (4 tablespoons – a tablespoon equals 15 ml) per day.

Do not exceed the recommended daily dose. Dietary supplements cannot be used as a substitute (replacement) for a varied diet. Maintaining proper health requires a balanced diet and a healthy lifestyle.

The daily dose (60 ml) contains:

60 ml of beetroot juice and 18 mg of vitamin C (22.5% of the reference intake value).

Do not use in people with a predisposition to the formation of kidney stones or suffering from kidney stones.

Ingredients

Lactofermented beetroot juice (*Beta vulgaris*) – 99.95%, L-ascorbic acid (vitamin C).

ATTENTION!

The product may slightly differ in color and taste depending on the batch. A natural precipitate may form. Shake well before consumption.

Storage

Store at room temperature. After opening, keep in the refrigerator for no longer than 14 days. Dietary supplements should be stored out of the reach of small children.

Volume:

- 490 ml

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