



Black Elderberry Syrup with vitamin C



Black elderberry is a shrub commonly found in Poland. However, not everyone knows that its berries are a treasure trove of nutrients. Due to the high content of polyphenols (natural antioxidants), which eliminate free radicals and prevent oxidative stress, elderberry is recommended for the prevention of civilization

diseases. Its berries are also a source of iron, magnesium, calcium and potassium, thanks to which they have deacidifying properties. In addition, they also have antibacterial, analgesic, detoxifying properties and seal blood vessels.

Elderberries consumed in larger quantities are perfect for constipation, because they have a laxative effect, facilitating the removal of harmful metabolites.

Our product is a combination of 5% elderberry juice (*Sambucus nigra*), sugar and vitamin C, thanks to which it supports your immunity even better! In addition, vitamin C supports the work of the nervous system, protects cells against oxidative stress and the proper production of collagen. It also helps to reduce the feeling of fatigue!

Properties of elderberry:

- has antioxidant properties!
- deacidifies the body!
- has antiviral properties!
- supports the treatment of diarrhea and constipation!
- relieves migraines and rheumatic pains!
- has anti-inflammatory properties!
- regulates the digestive system!
- is recommended for people with skin conditions!

Why choose our Syrups?

- Not From Concentrate means that our syrups are not reconstituted from the concentrate.
- Our products are pasteurized, which extends their shelf life, while maintaining valuable properties.
- The simple composition means that you will not find any artificial colors or preservatives in our World Syrups.
- Our syrups contain as much as 55% of juice.
- The dark color of the bottle reduces the incidence of sunlight and its negative impact on the product! In addition, our syrups are equipped with a non-spill stopper that facilitates pouring.

Application

The preparation is recommended for children over 12 years of age and adults as a supplement to the daily diet with vitamin C.

Recommended consumption

Children over 12 years of age and adults: 20 ml (4 teaspoons) daily.

The product should be consumed after diluting in 200 ml of cool water. Do not exceed the recommended daily dose. Dietary supplements cannot be used as a substitute (replacement) for a varied diet. Maintaining proper health requires a balanced diet and a healthy lifestyle.

The daily dose (60 ml) contains:

24 mg of vitamin C (30% of the reference intake value).

Ingredients

Pasteurized elderberry juice (*Sambucus nigra*) – 55%, sugar, L-ascorbic acid (vitamin C).

ATTENTION!

The product may slightly differ in color and taste depending on the batch. A natural precipitate may form. Shake well before consumption.

Storage

Store at room temperature. After opening, keep in the refrigerator for no longer than 14 days. Dietary supplements should be stored out of the reach of small children.

Volume:

- 250 ml

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