

# Blackcurrant Juice with vitamin C



**Black currant** (*Ribes nigrum*) has already been used in traditional folk medicine for angina, upper respiratory tract infections, arthritis and rheumatism. This plant is also great for reducing bad cholesterol and blood sugar. Due to the content of anthocyanins, rutin and quercetin, black currant has antibacterial and cleansing

properties.

Blackcurrant fruits contain many ingredients that are beneficial for the human body, incl. vitamin C, folates, beta carotene, B vitamins, potassium, sodium, iron, calcium, zinc and magnesium. The polyphenolic compounds they contain can play an important role in the prevention of many civilization diseases.

Our product is a combination of 99.95% blackcurrant juice (*Ribes nigrum*) and vitamin C, thanks to which it supports your immunity even better! In addition, vitamin C supports the work of the nervous system, protects cells against oxidative stress and the proper production of collagen. It also helps to reduce the feeling of fatigue!

### **Properties of blackcurrant:**

- Plays a role in the prevention of civilization diseases!
- It slows down the aging process!
- Promotes correct vision!
- Lowers cholesterol and blood sugar levels!

## Why choose our juice?

- Not From Concentrate means that our juices are not reconstituted from the concentrate
- Our products are pasteurized, which extends their shelf life, while maintaining valuable properties

- The simple composition you will not find added sugar, artificial colors or preservatives
- Our offer includes a huge amount of flavors from around the world! Try each of them and find your favorite
- The dark color of the bottle reduces the incidence of sunlight and its negative impact on the product! In addition, our juices are equipped with a non-spill stopper that facilitates pouring

#### **Application**

The preparation is recommended for children over 6 years of age and adults as a supplement to the daily diet with vitamin C.

#### Recommended consumption

Children over 6 years of age and adults: 60 ml (4 tablespoons – a tablespoon equals 15 ml) per day.

Do not exceed the recommended daily dose. Dietary supplements cannot be used as a substitute (replacement) for a varied diet. Maintaining proper health requires a balanced diet and a healthy lifestyle.

### The daily dose (60 ml) contains:

60 ml of blackcurrant juice and 18 mg of vitamin C (22.5% of the reference nutritional value).

Do not use in people with a predisposition to the formation of kidney stones or suffering from kidney stones.

### *Ingredients*

Pasteurized blackcurrant juice (Ribes nigrum) – 99.95%, L-ascorbic acid (vitamin C).

#### **ATTENTION!**

The product may slightly differ in color and taste depending on the batch. A natural precipitate may form. Shake well before consumption.

#### Storage

Store at room temperature. After opening, keep in the refrigerator for no longer than 14 days. Dietary supplements should be stored out of the reach of small children.

#### Volume:

• 490 ml

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