



Blu Active



Blu Active is a blend containing elderberry fruit extract** (double-standardized for polyphenol and anthocyanin content), elderberry fruit juice, 5 vitamins of the B group, vitamin C, zinc, citrus bioflavonoids and linden flower extract. Elderberry and linden contribute to the normal function of the immune system. Additionally, linden

contributes to the normal function of upper respiratory tract and elderberry shows antioxidant properties.

Blu Active is high in vitamin C and zinc, which contribute to the protection of cells from oxidative stress and to the normal function of the immune system. Zinc contributes to normal macronutrient metabolism and vitamin C contributes to the reduction of tiredness and fatigue and to normal collagen formation for the normal function of blood vessels. Blu Active also contains 5 vitamins of the B group: niacin, pantothenic acid, riboflavin, thiamine and biotin, which contribute to normal energy-yielding metabolism. Biotin, riboflavin, niacin and thiamine contribute to normal functioning of the nervous system. Niacin, riboflavin and pantothenic acid contribute to the reduction of tiredness and fatigue. Biotin, niacin and riboflavin contribute to the maintenance of normal mucous membranes.

****Note!** Unprocessed elderberry fruits are not suitable for consumption. Only the proper processing and serving in appropriate form allow to retain their beneficial properties.

Ingredients:

stabiliser: glycerol, elderberry (*Sambucus nigra*) fruit juice, water, sweetener: sorbitol syrup, elderberry (*Sambucus nigra*) fruit extract standardized to 6.15% of polyphenols and 3.7% of anthocyanins, sodium-L-ascorbate, linden (*Tilia cordata*) flower extract, bitter orange (*Citrus aurantium*) fruit extract with a standardized bioflavonoid content, zinc gluconate, preservative: potassium sorbate, nicotinamide, calcium D-pantothenate, riboflavin, thiamine mononitrate, D-biotin.

Blu Active is a product with sweetener.

Daily dose	30 ml
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* % of nutrient reference value Elderberry fruit juice	9,4 g
Recommended use: Double standardized elderberry fruit extract, of which:	2,4 g
adults 10 ml (2 tsp) three times a day. Shake well before consumption. Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet. Maintaining normal health requires a varied and balanced diet and a healthy lifestyle.	148 mg
polyphenols	89 mg
anthocyanins	240 mg (300%*)
Vitamin C	150 mg
Intended use: Linden flower extract	90 mg
product is recommended for adults to supplement their diet in ingredients contributing to normal function of the immune system and nervous system and to normal function of upper respiratory tract. It is recommended especially during the period of increased incidence of common cold and flu: in fall-winter season and during springtime.	15 mg (150%*)
Citrus bioflavonoids	16 mg (100%*)
Zinc	6 mg (100%*)
Storage: L-Ascorbic acid	1,4 mg (100%*)
store at room temperature in a dark place. Dietary supplements should be stored out of reach of small children.	1,1 mg (100%*)
Riboflavin (vitamina B ₂)	50 µg (100%*)
Thiamine (vitamina B ₁)	
Volume: Biotin	
• 150 ml netto	