



**C-Vitum**



## *C-Vitum capsules, 1000 mg*



**Dietary supplement**

**High vitamin C content in one capsule**

The **C-Vitum dietary supplement** contains as much as 1000 mg of L-ascorbic acid in

one capsule, which gives 1250% of the daily requirement for vitamin C.

Vitamin C helps in the proper functioning of the immune and nervous systems. It also protects cells against oxidative stress and the proper production of collagen to ensure the proper functioning of the skin, bones, cartilage, teeth and gums. In addition, Vitamin C contributes to the reduction of tiredness and fatigue and to maintaining proper energy metabolism.

## *Application*

The preparation is recommended for adults to supplement their diet with vitamin C.

## *Recommended intake*

Adults – 1 capsule daily with a meal.

Do not exceed the recommended daily dose. Dietary supplements cannot be used as a substitute (replacement) for a varied diet. Maintaining proper health requires a balanced diet and a healthy lifestyle.

**Note:** Do not use in people with a predisposition to the formation of kidney stones or suffering from kidney stones.

## *Ingredients*

L-ascorbic acid (vitamin C), gelatin (shell component), anti-caking agent: magnesium salts of fatty acids, color: titanium dioxide.

*The daily dose (1 capsule) contains:*

1000 mg of vitamin C (1250% of the reference intake value).

## *Storage*

Store at room temperature in a dry and dark place. Dietary supplements should be stored out of the reach of small children.

## *Pack:*

- 30 capsules
- 60 capsules

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