



## C-Vitum effervescent, 1000 mg



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Diet supplement

Effervescent tablets, lemon flavor

**Vitamin C** helps in the proper functioning of the immune system and contributes to the reduction of tiredness and weariness. In addition, vitamin C helps to protect cells against oxidative stress and contributes to the maintenance of proper energy metabolism.

**Application**: the preparation is recommended for adults to supplement their diet with vitamin C. It is recommended especially in the autumn and winter season and during the spring solstice.

Directions for use: dissolve 1 effervescent tablet in 200 ml of cold water.

**Recommended use**: 1 effervescent tablet a day. Do not exceed the recommended daily dose. Excessive consumption may have a laxative effect. Dietary supplements cannot be used as a substitute (replacement) for a varied diet. Maintaining proper health requires a balanced diet and a healthy lifestyle.

The daily dose (1 effervescent tablet) contains: 1000 mg of vitamin C (1250% of the reference intake value).

ATTENTION! Do not use in people with a predisposition to the formation of kidney stones or suffering from kidney stones.

Storage: store in original closed packaging, in a dry place, not exposed to sunlight, at room temperature. Dietary supplements should be stored out of the reach of small children.

Ingredients: acidity regulator: citric acid, L-ascorbic acid, acidity regulator: sodium bicarbonate, binding agent: sorbitols, natural flavor, binding agent: polyethylene

glycol, sweetener: sucralose, color: riboflavin.

C-Vitum effervescent 1000 mg contains sweeteners.

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