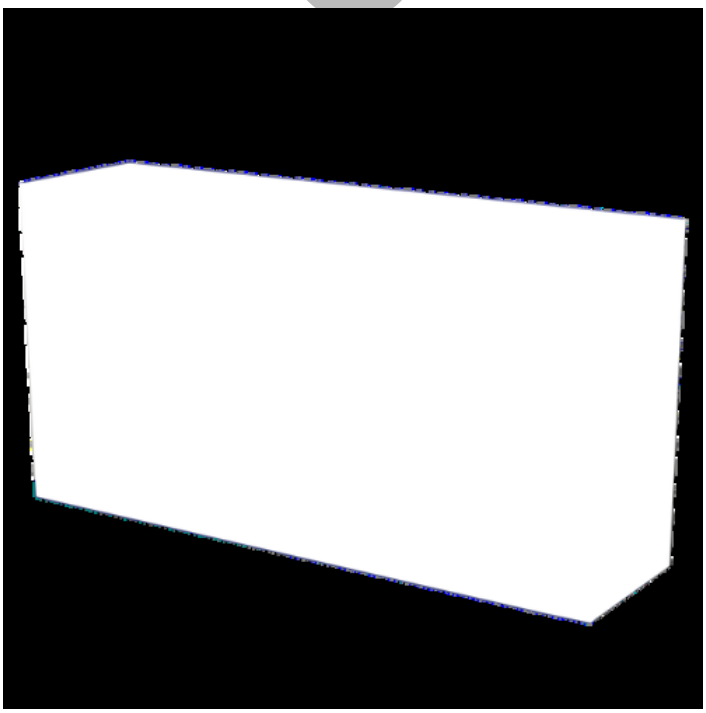
Chasteberry, 60 tablets



- diet supplement
- 60 tablets
- 1 tablet a day
- small and easy to swallow tablet
- contains 10 mg of chasteberry fruit extract

- recommended for adult women to relieve the symptoms of menstruation and menopause

Chasteberry (*Vitex agnus-castus*) helps in maintaining comfort before and during the menstrual cycle. In addition, it contributes to the maintenance of physical and mental well-being, and also helps to alleviate the symptoms of menopause.

Application

The preparation is recommended for adult women in order to alleviate the symptoms of menstruation and menopause.

Recommended use

Adults – 1 tablet daily.

Do not exceed the recommended daily dose. Dietary supplements cannot be used as a substitute (replacement) for a varied diet. Maintaining proper health requires a balanced diet and a healthy lifestyle.

Ingredients

Bulking agent: cellulose, Vitex agnus-castus fruit extract, starch, anti-caking agent: magnesium salts of fatty acids, anti-caking agent: silicon dioxide.

Daily dose (1 tablet) contains:

10 mg of chasteberry fruit extract.

Storage

Store at room temperature, in a dry and dark place, in a dry and dark place. Dietary supplements should be stored out of the reach of small children.

Pack:

- 60 tablets

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