

Benefits:

- 60 capsules
- contains 200 µg of chrome
- 1 capsule a day
- comprehensive composition

Chromium helps maintain normal blood glucose levels and contributes to the maintenance of normal macronutrient metabolism. **Vitamin B6** and **niacin** contribute to the maintenance of normal energy metabolism and the reduction of tiredness and fatigue. In addition, vitamin B6 helps in the proper functioning of the immune system. **Zinc** helps to maintain proper metabolism of carbohydrates and contributes to maintaining proper metabolism of macronutrients and fatty acids.

Application

The preparation is recommended for adults to supplement the diet with chromium, inulin, vitamin B6, niacin and zinc.

Recommended use

Adults – 1 capsule daily.

Do not exceed the recommended daily dose. Dietary supplements cannot be used as a substitute (replacement) for a varied diet. Maintaining proper health requires a balanced diet and a healthy lifestyle.

Ingredients

Inulin, hydroxypropyl methylcellulose (shell component), zinc gluconate (zinc), nicotinamide (niacin), anti-caking agent: magnesium salts of fatty acids, anti-caking agent: silicon dioxide, pyridoxine hydrochloride (vitamin B6), chromium picolinate (chromium).

Daily dose (1 capsule) contains:

- 327 mg inulin,
- 16 mg niacin (100%*),
- 1,4 mg vitamin B6 (100%*),
- 200 µg chromium (500%*)

*% of nutrient reference value

Storage

Store at room temperature, in a dry and dark place. Dietary supplements should be stored out of the reach of small children.

Pack:

• 60 capsules

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