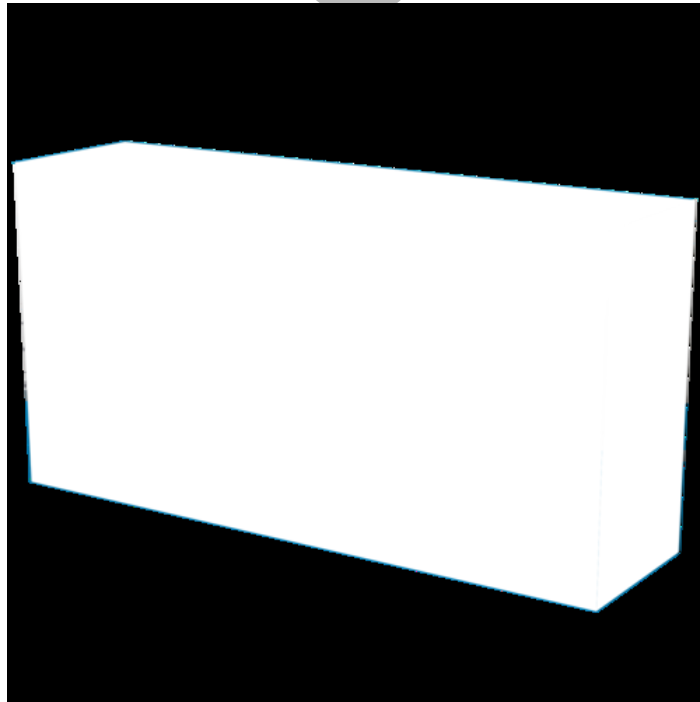




## *Chromium Complex*



### *Benefits:*

- 60 capsules
- contains 200 µg of chrome
- 1 capsule a day
- comprehensive composition

**Chromium** helps maintain normal blood glucose levels and contributes to the maintenance of normal macronutrient metabolism. **Vitamin B6** and **niacin** contribute to the maintenance of normal energy metabolism and the reduction of tiredness and fatigue. In addition, vitamin B6 helps in the proper functioning of the immune system. **Zinc** helps to maintain proper metabolism of carbohydrates and contributes to maintaining proper metabolism of macronutrients and fatty acids.

## *Application*

The preparation is recommended for adults to supplement the diet with chromium, inulin, vitamin B6, niacin and zinc.

## *Recommended use*

Adults – 1 capsule daily.

Do not exceed the recommended daily dose. Dietary supplements cannot be used as a substitute (replacement) for a varied diet. Maintaining proper health requires a balanced diet and a healthy lifestyle.

## *Ingredients*

Inulin, hydroxypropyl methylcellulose (shell component), zinc gluconate (zinc), nicotinamide (niacin), anti-caking agent: magnesium salts of fatty acids, anti-caking agent: silicon dioxide, pyridoxine hydrochloride (vitamin B6), chromium picolinate (chromium).

*Daily dose (1 capsule) contains:*

- 327 mg inulin,
- 16 mg niacin (100%\*),
- 1,4 mg vitamin B6 (100%\*),
- 200 µg chromium (500%\*)

\*% of nutrient reference value

## *Storage*

Store at room temperature, in a dry and dark place. Dietary supplements should be stored out of the reach of small children.

## *Pack:*

- 60 capsules

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