



D-Vitum 1000 IU, aerosol 6 ml



Vitamin D helps maintain healthy bones and teeth and the proper functioning of muscles. In addition, it helps in the proper absorption / use of calcium and phosphorus, in maintaining the proper level of calcium in the blood, and in the proper functioning of the immune system.

Depending on body weight, vitamin D supplementation is recommended in September-April or throughout the year, if effective skin synthesis of vitamin D is not ensured in the summer months:

- at a dose of 600-1000 IU / day for children from 1 year of age,
- at a dose of 800-2000 IU / day for adults.

Ingredients

MCT (Medium Chain Triglycerides) oil, cholecalciferol (vitamin D₃).

Recommended consumption

Children from 1 year of age and adults 1 actuation of the dosing pump directly into the mouth or with a meal once a day.

Do not exceed the recommended daily dose. Dietary supplements cannot be used as a substitute (replacement) for a varied diet. Maintaining proper health requires a balanced diet and a healthy lifestyle.

Application

The preparation is recommended for children from 1 year of age and adults to supplement the diet with vitamin D₃.

How to use

The dosing pump attached to the package should be mounted on the bottle with the preparation. The pump allows you to precisely measure the correct portion of the

product to be consumed. Before the first use, press the pump several times until the first dose is displayed.

Warning

Before use, it is recommended to perform a 25- (OH) D blood test and consult the test result with a doctor or pharmacist. In children from 1 year of age, it should be used after consulting a pediatrician.

The daily dose (1 actuation of the dosing pump) contains:

25 µg (1000 IU, 500% nutrient reference value) of vitamin D₃.

The package contains about 100 servings.

Storage

Store at room temperature in a dry and dark place. Protect from light. Dietary supplements should be stored out of the reach of small children. The preparation should be used within three months of opening the bottle.

The volume:

- 6 ml netto