

## D-Vitum 1000 j.m. – capsules twist-off



Dietary supplement for children from 1 year old.

**VITAMIN D** is needed for normal growth and development of bone in children. Moreover it contributes to the maintenance of normal bones and teeth and to the maintenance of normal muscle function. Vitamin D also contributes to normal absorption/utilisation of calcium and phosphorus and to normal blood calcium levels. What's more vitamin D contributes to the normal function of the immune system.

From the 1st year of life it is recommended to supplement 600-1000 IU of vitamin D/day, depending on the dietary supply of vitamin D, from September until April or throughout the year, in case of the inefficient skin synthesis of vitamin D during summer.

**INTENDED USE**: the product is recommended for children aged 1 year or more to supplement their diet in vitamin D 3 .

**RECOMMENDED USE**: children aged 1 year or more – 1 twist-off capsule per day. Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet. Maintaining normal health requires a varied and balanced diet and a healthy lifestyle.

**METHODE OF USE:** twist the capsule tip to remove it and squeeze the content directly into the child's mouth, onto a spoon or into a meal. Be extra careful to prevent the child from swallowing the capsule.

**INGREDIENTS:** refined sunflower oil, MCT oil (medium-chain triglycerides), cholecalciferol (vitamin D 3 ). Shell ingredients: gelatin, humectant: glycerol.

DAILY DOSE (1 capsule) contains: 25 µg (1000 IU, 500% of nutrient reference value) of vitamin D 3 .

**STORAGE CONDITIONS**: store in room temperature, in a dry and dark place. Food supplements should be stored out of reach of children. Protect from exposure to light.

## Pack

## • 36 capsules twist-off

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