



## *D-Vitum 1000 j.m. VEGAN*



For children from 1 year old and adults.

**VITAMIN D** is needed for normal growth and development of bone in children. Moreover it contributes to the maintenance of normal bones and teeth and to the maintenance of normal muscle function. Vitamin D also contributes to normal

absorption/utilisation of calcium and phosphorus, to normal blood calcium levels and to the normal function of the immune system.

Product D-Vitum 1000 IU of vitamin D VEGAN contains natural vitamin D<sub>3</sub> derived from the lichen *Cladonia rangiferina*.

The body produces vitamin D through skin synthesis under the influence of UV radiation. However, the use of UV-filter creams, very low sun exposure and the low availability of sunlight in our latitude from autumn to spring limits the possibility of producing vitamin D in cells. It is therefore important to provide adequate amounts of vitamin D with your diet.

**INGREDIENTS:** MCT oil (medium chain triglycerides), cold pressed olive oil, *Cladonia rangiferina* extract containing cholecalciferol (vitamin D<sub>3</sub>), antioxidant: tocopherol mixture.

**RECOMMENDED USE:** Children from 1 year old and adults 1 press of the dosing pump once a day directly into the mouth or into a meal. Do not exceed the recommended daily dose. Food supplements must not be used as a substitute (substitute) for a varied diet. Maintaining proper health requires a balanced diet and a healthy lifestyle.

**INTENDED USE:** the product is recommended for newborns, infants and children to supplement their diet in vitamin D<sub>3</sub>.

**METHOD OF USE:** Mount the dosing pump onto the product bottle. You will find the pump in the product packaging. Take off the protective cap of the pump prior to every use. The pump allows for a precise dosing of the product. Before the first use push the dosing pump a few times, until it fills and the first dose comes out.

**DAILY DOSE for children over 1 year old (1 push of the dosing pump) contains:** 25µg (1000 IU, 500% of nutrient reference value) of vitamin D<sub>3</sub>.

**DAILY DOSE for adults (2 push of the dosing pump) contains:** 50 µg (1000 IU, 1000 % of nutrient reference value) of vitamin D<sub>3</sub>.

**STORAGE CONDITIONS:** store in room temperature, in a dry and dark place. Food supplements should be stored out of reach of children. The product should be used within three months of opening the bottle.

### *The volume:*

- 7 ml netto

*Plik wygenerowany na stronie Oleofarm.pl*