



## *D-Vitum forte 2000 IU K2, aerosol 6 ml*

Bone tissue is a dynamic structure that is constantly being rebuilt. Some bone cells (osteoclasts) break down bone tissue by releasing calcium, while others (osteoblasts) create new bone tissue by incorporating, among others, calcium to the bones. It is important to maintain a balance between these two processes, especially because

with age, the degradation of bone tissue intensifies. Maintaining the balance of bone metabolism is possible by supplementing the diet with appropriate ingredients.

### **In MCT oil**

MCT fats are distinguished by a unique process of their digestion and absorption, as they are absorbed directly from the intestinal epithelial cells and then transported through the portal vein straight to the liver. The digestion process of MCT fats is faster because it does not require the presence of lipase and bile.

### **100 days of supplementation**

One bottle of D-Vitum forte K2 is as much as 100 daily servings of vitamin D3.

### **Vitamin D**

Helps maintain healthy bones and teeth, as well as the proper absorption / use of calcium and phosphorus. In addition, it helps to maintain the proper level of calcium in the blood and is involved in the process of cell division. Vitamin D also supports the proper functioning of the muscles.

### **Vitamin K**

Like vitamin D, helps maintain healthy bones. The human body is not able to synthesize vitamin K2 on its own, therefore the demand for this vitamin is covered mainly with the diet and to a lesser extent thanks to the synthesis by intestinal bacteria.

**Preparation D-Vitum forte 2000 IU K2** contains vitamin K2 – menaquinone-7 (MK-7). This is important because it is this chemical form of vitamin K that is involved in bone metabolism.

## *Intended use*

The preparation is recommended for adults to supplement their diet with vitamins D3 and K2.

Adults – 1 actuation of the dosing pump once a day, directly into the mouth or with a meal.

Do not exceed the recommended daily dose. Dietary supplements cannot be used as a substitute (replacement) for a varied diet. Maintaining proper health requires a balanced diet and a healthy lifestyle.

**Warning:** If you are taking anticoagulants, consult your doctor before using the preparation.

## *Ingredients*

MCT oil (medium chain triglycerides), antioxidant: a mixture of tocopherols, menaquinone (vitamin K2), cholecalciferol (vitamin D3).

## *The daily dose (1 actuation of the dosing pump) contains:*

- 75 µg of vitamin K2 MK-7 (100% \*),
- 50 µg (2000 IU, 1000% \*) of vitamin D3.

\*% of the nutrient reference value

## *Aplication*

The dosing pump included in the package should be mounted on the bottle with the

preparation. The pump allows you to precisely measure the correct portion of the product to be consumed. Before the first use, press the pump several times until the first dose is displayed.

## *Storage*

Store at room temperature in a dry and dark place. Protect from light. Dietary supplements should be stored out of the reach of small children. The preparation should be used within three months of opening the bottle.

## *The volume:*

- 6 ml netto

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