



D-Vitum forte Osteo



Vitamins D and K and calcium help maintain healthy bones.

Calcium and vitamin D help to reduce the loss of bone mineral in post-menopausal women. Low bone mineral density is a risk factor for osteoporotic bone fractures.*

Vitamin D contributes to the maintenance of normal bones and to normal absorption of calcium.

Vitamin K contributes to the maintenance of normal bones and has a role in building calcium into the bone structure.

Bone tissue is a dynamic structure which is constantly being rebuilt. Some bone cells (osteoclasts) break down bone tissue releasing calcium, while others (osteoblasts) synthesize new bone tissue through building calcium (inter alia) into the bone structure. Keeping those two processes balanced is very important, especially because bone breakdown intensifies with ageing. Ensuring bone metabolism balance is possible by ingesting relevant nutrients with diet.

* The claim is specifically intended for women 50 years and older. The beneficial effect is obtained with a daily intake of at least 1200 mg of calcium and 20 µg of vitamin D from all sources. Osteoporotic bone fractures have multiple risk factors. Altering one of these risk factors may or may not have a beneficial effect.

Food supplements should not be used as a substitute for a varied and balanced diet. Maintaining normal health requires a varied and balanced diet and a healthy lifestyle.

Note! If you take anticoagulants, consult your physician before you use this product.

INTENDED USE: product is recommended for women aged 50 years and older to supplement their diet in calcium and vitamins D 3 and K 2 .

RECOMMENDED USE: women aged 50 years and older – 2 tablets a day during a meal. Suck on the tablet until it dissolves completely or swallow it, washing down with water. Do not exceed the recommended daily dose. Excessive consumption may produce laxative effects.

INGREDIENTS: oyster shell calcium carbonate, bulking agent: sorbitols, maltodextrin, anti-caking agent: magnesium salts of fatty acids, menaquinone, cholecalciferol, flavourings, anti-caking agent: silicon dioxide, sweetener: sucralose.

DAILY DOSE (2 capsules) contains: 7600 mg of calcium (75% **), 75 µg of vitamin K 2 MK-7 (100% **) and 50 µg (2000 IU, 1000% **) of vitamin D 3 .

** % of nutrient reference value

STORAGE CONDITIONS: store in room temperature, below 25°C, in a dry and dark place, in a tightly closed, original packaging. Food supplements should be stored out of reach of children. 60 chewable tablets (to suck on or swallow)

D-Vitum forte OSTEO contains sweeteners.

Pack:

- 60 capsules

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