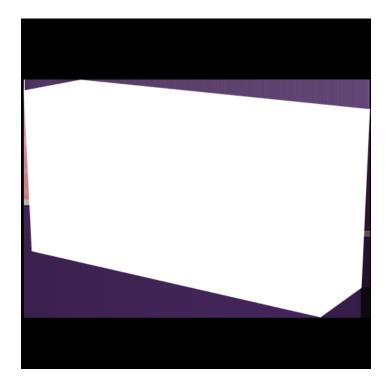


E-Vitum



The E-Vitum dietary supplement is recommended for adults to supplement their diet with vitamin E.

**Vitamin E** helps to protect cells against oxidative stress. As an antioxidant (antioxidant), vitamin E reacts with active oxygen species such as radicals, neutralizing them before they damage cell structures.

### **Application**

The preparation is recommended for adults to supplement their diet with vitamin E.

#### Recommended intake

Adults – 1 capsule daily with a meal.

Do not exceed the recommended daily dose. Dietary supplements cannot be used as a substitute (replacement) for a varied diet. Maintaining proper health requires a balanced diet and a healthy lifestyle.

## **Ingredients**

Flax seed oil (*Linum usitatissimum*) cold pressed, DL-alpha-tocopheryl acetate, gelatin (shell component), humectant: glycerol.

## The daily dose (1 capsule) contains:

180 mg of vitamin E (200 IU, 1500% nutrient reference value.)

## Storage

Store at room temperature in a dry and dark place. Dietary supplements should be stored out of the reach of small children.

# Pack:

• 60 capsules

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