



Evening Primrose OleoVitum



Evening primrose OleoVitum is characterized by a high content of polyunsaturated fats, which include omega-6 fatty acids. Omega-6 fatty acids are: linoleic acid (LA) and gamma-linolenic acid (GLA) contained in evening primrose oil. Linoleic acid helps to maintain the proper level of cholesterol in the blood. The beneficial effect is obtained when consuming 10 g of LA per day.

Vitamin E helps protect cells against oxidative stress.

* Vitamin A helps maintain healthy skin

Application:

the preparation is recommended for children over 3 years of age and adults to supplement their daily diet with omega-6 acids: linoleic acid and gamma-linolenic acid as well as vitamins A and E.

Recommended intake:

children over 3 years of age 1.25 ml (1/4 teaspoon included in the package), adults 2.5 ml (1/2 teaspoon included in the package) daily during a meal. Do not exceed the recommended daily dose. A dietary supplement cannot be used as a substitute for a varied diet. Maintaining proper health requires a balanced diet and a healthy lifestyle.

ATTENTION! People suffering from epilepsy should not use the preparation. A natural precipitate may form. Shake well before consumption.

Ingredients:

evening primrose oil (*Oenothera paradoxa*) cold pressed, DL-alpha-tocopheryl acetate, retinyl palmitate.

The daily dose for children (1.25 ml) contains 0.98 g of polyunsaturated fatty acids, including: 0.98 g of omega-6 fatty acids, of which 0.88 g of linoleic acid and 0.1 g of gamma-linolenic acid, 6 mg of vitamin E (50% **), 200 µg of vitamin A (25% **).

The daily dose for adults (2.5 ml) contains 1.96 g of polyunsaturated fatty acids, including: 1.96 g of omega-6 fatty acids, of which 1.76 g of linoleic acid and 0.2 g of gamma-linolenic acid, 12 mg of vitamin E (100% **), 400 µg of vitamin A (50% **).

**% of the nutrient reference value

Storage:

store at room temperature in a dry and dark place. Dietary supplements should be stored out of the reach of small children.

Volume:

- 100 ml netto

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