



Ginger Juice with Turmeric and Lemon with vitamin C



Ginger is a plant that is grown in humid and warm climates. It contains many valuable macronutrients, such as magnesium, phosphorus and potassium. Ginger root has anti-

inflammatory properties, therefore it is recommended for use especially in cold periods. It is also recommended for people struggling with migraines due to its analgesic properties. Research has also shown that ginger has the ability to neutralize free radicals.

Turmeric is a spice valued not only for its oriental flavor, but also for its extraordinary properties. It has already been used in Ayurvedic medicine. The bioactive component of turmeric – curcumin – has antibacterial, antifungal, anti-inflammatory, antiviral and even anti-cancer properties.

Our product is a combination of pasteurized ginger rhizome juice (*Zingiber officinale*), turmeric rhizome juice (*Curcuma longa*), lemon fruit juice (*Citrus limon*) and vitamin C, thanks to which it supports your immunity even better! In addition, vitamin C supports the work of the nervous system, protects cells against oxidative stress and the proper production of collagen. It also helps to reduce the feeling of fatigue!

Properties of ginger:

- Supports the proper functioning of the immune system!
- Relieves migraines!
- Has anti-inflammatory properties!
- Contributes to the proper functioning of the digestive system!

Properties of turmeric:

- Helps to keep the immune system healthy!
- Supports the functioning of the lungs and upper respiratory tract!
- Exhibits antioxidant properties!
- Element listy #1

Why choose our juice?

- Not From Concentrate means that our juices are not reconstituted from the concentrate
- Our products are pasteurized, which extends their shelf life, while maintaining valuable properties
- The simple composition – you will not find added sugar, artificial colors or preservatives
- Our offer includes a huge amount of flavors from around the world! Try each of them and find your favorite
- The dark color of the bottle reduces the incidence of sunlight and its negative impact on the product! In addition, our juices are equipped with a non-spill stopper that facilitates pouring

Application

The preparation is recommended for children over 6 years of age and adults as a supplement to the daily diet with vitamin C.

Recommended consumption

Children over 6 years of age and adults: 60 ml (4 tablespoons – a tablespoon equals 15 ml) per day.

Do not exceed the recommended daily dose. Dietary supplements cannot be used as a substitute (replacement) for a varied diet. Maintaining proper health requires a balanced diet and a healthy lifestyle.

The daily dose (60 ml) contains:

36 ml of ginger rhizome juice, 12 ml of turmeric rhizome juice, 12 ml of lemon fruit juice and 18 mg of vitamin C (22.5% of the reference intake value).

Do not use in people with a predisposition to the formation of kidney stones or suffering from kidney stones.

Ingredients

Pasteurized ginger rhizome juice (*Zingiber officinale*), pasteurized turmeric rhizome juice (*Curcuma longa*), pasteurized lemon juice (*Citrus limon*), L-ascorbic acid (vitamin C).

ATTENTION!

The product may slightly differ in color and taste depending on the batch. A natural precipitate may form. Shake well before consumption.

Storage

Store at room temperature. After opening, keep in the refrigerator for no longer than

14 days. Dietary supplements should be stored out of the reach of small children.

Volume:

- 490 ml

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