



Hawaiian Spirulina

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Hawaiian Spirulina (*Arthrospira platensis*) is an emerald green microalgae found in highly pure water bodies. The powdered spirulina in the preparation comes from the island of Hawaii, off the coast of the Pacific.

Spirulina contained in the product is characterized by a high protein content. Protein helps maintain healthy bones and muscle mass. Spirulina also contains chromium as

well as vitamins A and B12. Vitamin A and vitamin B12 help in the proper functioning of the immune system. Vitamin B12 helps in the proper production of red blood cells, and vitamin A contributes to the maintenance of normal iron metabolism. Vitamin A also helps maintain correct vision and helps maintain healthy skin.

Application:

the preparation is recommended for children over 7 years of age and adults in order to supplement the diet with protein.

The product can be consumed by vegans and vegetarians.

Recommended intake:

children from 7 years of age – 2 capsules a day, adults – 3 capsules a day. Do not exceed the recommended daily dose. Dietary supplements cannot be used as a substitute (replacement) for a varied diet. Maintaining proper health requires a balanced diet and a healthy lifestyle.

Ingredients:

powdered spirulina (*Arthrospira platensis*), hydroxypropyl methylcellulose (shell component), anti-caking agent: magnesium salts of fatty acids.

The daily dose (3 capsules) contains:

Spirulina, including:	930 mg
Protein	522mg

Storage:

store at room temperature in a dry and dark place. Dietary supplements should be stored out of the reach of small children.

Country of origin:

Poland.

Net weight:

37g

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