



Food for special medical purposes

#### 10 sachets

For the dietary management of dehydration, diarrhea and / or vomiting.

For babies from the first day of life and children up to the age of 3.

lonolit baby is a powder preparation for the preparation of an oral rehydration fluid with reduced osmolarity and sodium content, the composition of which complies

with ESPGHAN recommendations. In states of dehydration, regardless of their cause, the water-electrolyte balance is disturbed. It is then necessary to supplement the diet with glucose and minerals given in the right proportions.

### Dosage:

The dosage of the preparation depends on the degree of dehydration, the hydration stage and medical recommendations. According to the WHO / UNICEF recommendations:

	Watering phase (first 4 hours of watering)	Maintenance irrigation phase (further irrigation steps)
Body weight less than 5 kg (age less than 4 months)	dissolve the content of 1- 2 sachets in 200-400 ml (according to the instructions, 1 sachet per 200 ml of water); serve in small portions	dissolve the contents of 1 sachet in 200 ml according to the instructions; administer 50-100ml (5-10 ml per kg body weight) of fluid after each episode of vomiting or cast diarrhea; do not exceed 500ml per day
Body weight 5-7.9 kg (age 4-11 months)	dissolve the content of 2-3 sachets in 400-600 ml (according to the instructions, 1 sachet per 200 ml of water); serve in small portions	dissolve the contents of 1 sachet in 200 ml according to the instructions; administer 50-100ml (5-10 ml per kg body weight) of fluid after each episode of vomiting or cast diarrhea; do not exceed 500ml per day

Body weight 8 – 10.9 kg (age 12 – 23 months)	dissolve the content of 3- 4 sachets in 600-800 ml (according to the instructions, 1 sachet per 200 ml of water); serve in small portions	dissolve the contents of 1 sachet in 200 ml according to the instructions; administer 100-200 ml of fluid after each episode of vomiting or dedicated diarrhea; do not exceed 1000ml per day
body weight 11-15.9 kg (age: 2-3 years)	dissolve the content of 4  - 6 sachets in 800 -  1200 ml (according to the instructions 1 sachet for 200 ml of water); serve in small portions	dissolve the contents of 1 sachet in 200 ml according to the instructions; administer 100-200 ml of fluid after each episode of vomiting or dedicated diarrhea; do not exceed 1000ml per day

#### **Contraindications:**

hemodynamic shock, intestinal obstruction.

### Important information:

the product is taken according to the doctor's instructions and under his supervision. The preparation may pose a threat when taken in the absence of medical indications resulting from the intended use of the product. The product is incomplete. It is not the sole source of food. The product is not intended for parenteral use. The product is intended for babies from the first day of life and children up to the age of 3.

## **Ingredients:**

glucose, sodium citrate, sodium chloride, potassium chloride.

Nutritional value in sac

100 g product in sachets

200 ml of the product prepared according to the preparation instructions

energy value	1064 kJ / 304 kcal	48 kJ / 14 kcal
fat, including:	o g	0 g
Saturated fatty acids	0 g	o g
carbohydrates, including:	76 g	3,4 g
sugars	73 g	3,2 g
protein	0 g	o g
salt, of which	14 g	o,6 g
sodium	6273 mg	276 mg

200ml of liquid prepared according to the instructions contains: 3.24 g glucose, 379 mg citrate, 355 mg chloride, 276 mg sodium, 157 mg potassium. Osmolarity of the solution: 230 mOsm / l /

#### Usage:

The sachet should be opened and then dissolved in 200 ml of warm, boiled water. Cool before serving. The solution should be given to babies and children using a clean spoon or cup. Infants and children up to 2 years old pour the solution in small portions directly into the mouth every 1-2 minutes, older children can drink small sips directly from the cup. If vomiting occurs in the child, hydration should be stopped for 5-10 minutes and then the fluid should be started at a slower pace. The reconstituted

solution should not be sweetened. The liquid should be consumed immediately after preparation. The solution is unfit for consumption 24 hours after preparation. Do not exceed recommended servings for consumption during the day.

### Net weight:

44g (10 sachets, 4.4g each)

### Storage method:

Store at room temperature in a dry and dark place. Keep out of reach of small children.

# Country of origin:

Poland

#### Pack:

• 10 sachets

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