



Diet supplement. Orange flavour (natural aroma).

Preparation supplementing the diet with 4 basic electrolytes : magnesium, potassium, chloride and sodium.

Jonolit Jony contain 4 basic electrolytes and glucose which help to eliminate fatigue, improve brain function and muscle function.

Magnesium helps to maintain electrolyte balance and contributes to the reduction of

tiredness and fatigue.

Potassium helps in the proper functioning of the nervous system, helps maintain normal blood pressure and the proper functioning of muscles.

Glucose improves the work of the brain, being the only energy material for the nervous tissue.

In states of organism dehydration, regardless of their cause, water and electrolyte balance becomes disturbed. It is then necessary to supplement the diet with glucose and minerals in the right proportions.

What electrolytes does Jonolit Jony contain?

Na – Sodium

Sodium is needed by the body to keep the body fluids in balance. It also helps regulate the work of the nerves and maintain proper muscle contractility.

K – Potassium

Potassium is especially important for regulating heart function. It also supports the proper functioning of the nerves and muscles.

Cl - Chloride

Chloride is essential for maintaining the proper balance of body fluids.

Mg – Magnesium

Magnesium is a key mineral that regulates many important functions, such as muscle contractions, heart rhythm, and nervous function.

Pack

• 20 effervescent tablets

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