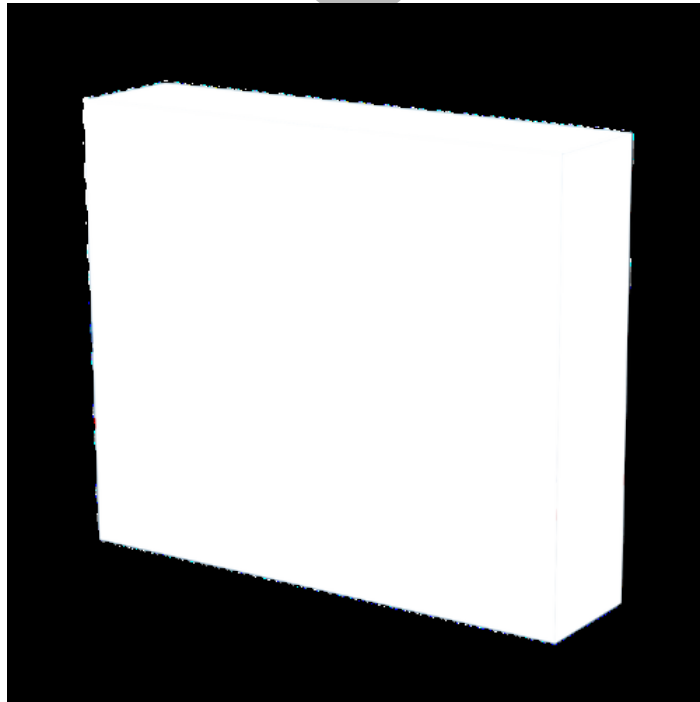




## *Jonolit, sachets*



### **Food for special medical purposes**

**Jonolite** is a powder preparation for the preparation of an oral rehydration fluid with reduced osmolarity and sodium content, the composition of which complies with ESPGHAN recommendations. In states of dehydration, regardless of their cause, the water-electrolyte balance is disturbed. It is then necessary to supplement the diet with glucose and minerals given in the right proportions.

**Dosage: the** dosage of the preparation depends on the degree of dehydration, the

stage of hydration and medical recommendations. According to the WHO / UNICEF recommendations:

	<b>Watering phase (first 4 hours of watering)</b>	<b>Maintenance irrigation phase (further irrigation steps)</b>
body weight 11-15.9 kg (age: 3-4 years)	dissolve the content of 4-6 sachets in 800-1200 ml (according to the instructions 1 sachet for 200 ml of water); serve in small portions	dissolve the contents of 1 sachet in 200 ml of water according to the instructions; administer 100-200 ml of fluid after each episode of vomiting or cast diarrhea; above 15 years of age you can take larger amounts of irrigation fluid.
body weight 16-29.9 kg (age: 5-14 years)	dissolve the contents of 6-11 sachets in 1200-2200 ml (according to the instructions, 1 sachet per 200 ml of water); serve in small portions	dissolve the contents of 1 sachet in 200 ml of water according to the instructions; administer 100-200 ml of fluid after each episode of vomiting or cast diarrhea; above 15 years of age you can take larger amounts of irrigation fluid.

body weight> 30 kg (age:> 15 years)	dissolve the content of 11-20 sachets in 2200-4000 ml (according to the instructions, 1 sachet per 200 ml of water); serve in small portions	dissolve the contents of 1 sachet in 200 ml of water according to the instructions; administer 100-200 ml of fluid after each episode of vomiting or cast diarrhea; above 15 years of age you can take larger amounts of irrigation fluid.
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**Contraindications:** blood in stools, poor kidney function, hemodynamic shock, intestinal obstruction.

**Important information:** the product is taken according to the doctor's instructions and under his supervision. It is not the sole source of food. The product is not intended for parenteral use. The product is intended for children over 3 years of age and adults.

Nutritional value	100 g product in sachets	200 ml of the product prepared according to the preparation instructions
energy value (energy)	1343 kJ / 316 kcal	68 kJ / 16 kcal
fat, including:	0.0 g	0.0 g

Saturated fatty acids	0.0 g	0.0 g
carbohydrates, including:	79 g	4.0 g
sugars	74 g	3.8 g
protein	0.0 g	0.0 g
salt, of which	12 g	0.61 g
sodium	4690 g	239 g

200 ml of fluid prepared according to the instructions contains: 3.78 g glucose, 379 mg citrate, 355 mg chloride, 276 mg sodium, 157 mg potassium.

**Osmolarity of the solution:** 245 mOsm / l.

**Ingredients:** glucose, sodium citrate, sodium chloride, potassium chloride, strawberry flavor with other natural flavors, anti-caking agent: silicon dioxide, sweetener: steviol glycosides. Does not contain fruit.

**Usage: the** sachet should be opened and then its contents dissolved in 200 ml of warm, boiled water. Cool before serving. The reconstituted solution should not be sweetened. The liquid should be consumed immediately after preparation. The solution is unfit for consumption 24 hours after preparation. Do not exceed recommended servings for consumption during the day. Maintaining proper health

requires balanced nutrition and leading a healthy lifestyle.

**Storage:** Store at room temperature in a dry and dark place. Keep out of reach of small children. Do not freeze.

**Country of origin:** Poland

Ionolite contains a sweetener.

Net weight: 51 g (10 sachets, 5.1 g)

***Pack:***

- 10 sachets

*Plik wygenerowany na stronie Oleofarm.pl*