

Benefits:

- 60 capsules
- diet supplement
- 1 capsule a day
- two-month supplementation

• the preparation is recommended for adults to supplement the daily diet with coenzyme Q10

Coenzyme Q10 is a compound naturally occurring in every cell of the human body, and its largest amounts are found in cell mitochondria, which are responsible for energy production. The highest concentration of coenzyme Q10 is observed in the heart, kidneys and liver. With age, its level in the body decreases, therefore it is advisable to supplement the diet with coenzyme Q10. This compound is fat-soluble, which is why the Coenzyme Q10 100 mg dietary supplement is in the form of an oil capsule.

Application

The preparation is recommended for adults to supplement the daily diet with coenzyme Q10.

Recommended use

Adults - 1 capsule daily.

Do not exceed the recommended daily dose. Dietary supplements cannot be used as a substitute (replacement) for a varied diet. Maintaining proper health requires a balanced diet and a healthy lifestyle.

Ingredients

MCT oil (medium chain triglycerides), gelatine (shell component), ubidecarenone (coenzyme Q10), humectant: glycerol, dye: oxides and hydroxides iron.

Daily dose (1 capsule) contains:

100 mg of coenzyme Q10.

Storage

Store at room temperature, in a dry and dark place, in a dry and dark place. Dietary supplements should be stored out of the reach of small children.

Pack:

• 60 capsules

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