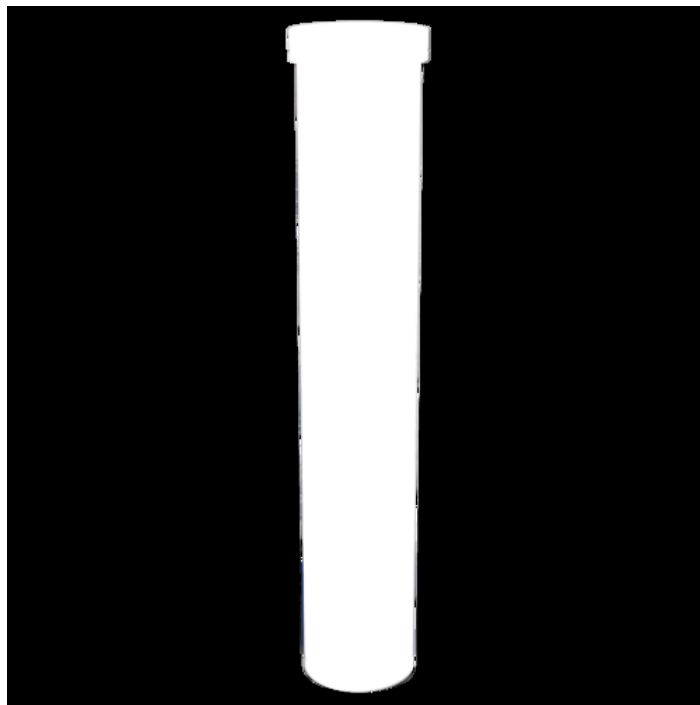




Vitum



MAG-Vitum B6 CRAMP effervescent



MAG-Vitum B6 Cramp effervescent is a dietary supplement that contains potassium, magnesium and vitamin B6.

The preparation is recommended for adults to supplement their diet with potassium, magnesium and vitamin B6. The product is especially recommended for active

people, practicing sports, intensively working and learning.

- potassium in the form of citrate and chloride
- magnesium in the form of citrate and oxide
- 300 mg of potassium in a daily dose
- 100 mg of magnesium in a daily dose
- 24 tablets in a tube
- daily dose – 2 tablets
- natural orange flavor

Potassium helps in the proper functioning of the muscles and the nervous system, and also helps maintain normal blood pressure.

Magnesium and vitamin B6 contribute to maintaining proper energy metabolism and reducing the feeling of fatigue and weariness. In addition, **magnesium** helps to maintain electrolyte balance and **vitamin B6** helps in the proper functioning of the nervous system and in maintaining proper psychological functions.

Application:

The preparation is recommended for adults to supplement their diet with potassium, magnesium and vitamin B6. It is especially recommended for active people, practicing sports, intensively working and learning.

Recommended consumption:

Adults –2 effervescent tablets a day.

Do not exceed the recommended daily dose. Excessive consumption may have a laxative effect. Dietary supplements cannot be used as a substitute (replacement) for a varied diet. Maintaining proper health requires a varied diet and a healthy lifestyle.

Ingredients:

Acidity regulator: citric acid, binding agent: sorbitols, acidity regulator: sodium carbonates, potassium citrate, potassium chloride, magnesium salts of citric acid, natural orange flavor, glucose, magnesium oxide, binding agent: polyethylene glycol, powdered beetroot juice concentrate, sweetener: sucralose, color: riboflavin, pyridoxine hydrochloride.

Dietary supplement MAG-Vitum CRAMP effervescent contains sugar and sweetener.

Daily dose contains:

- **1 tablet** – 150 mg (7,5%*) of potassium, 50 mg (13%*) of magnesium and 0,7 mg (50%*) of vitamin B6
- **2 tablets** – 300 mg (15%*) of potassium, 100 mg (26% *) of magnesium and 1,4 mg (100% *) of vitamin B6

*nutrient reference value

Storage:

Store in the original closed packaging, at room temperature, in a dry and dark place. Dietary supplements should be stored out of the reach of small children.

Pack:

- 24 effervescent tablets

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