



**Vitum**



## *MAG-Vitum B6*



MAG-Vitum B6 is a dietary supplement that contains 100 mg of magnesium in the form of magnesium citrate and 2 mg of vitamin B6 per tablet.

The preparation is recommended for adults to supplement their diet with magnesium and vitamin B6.

**Benefits:**

- Mg in the form of citrate
- 200 mg of MG in a daily dose
- Box of 60 tablets
- Lozenges or swallows
- Light mint flavour

**Magnesium and vitamin B6** contribute to maintaining proper energy metabolism and reducing the feeling of fatigue and weariness. In addition, magnesium helps to maintain electrolyte balance and vitamin B6 helps in the proper functioning of the nervous system and in maintaining proper psychological functions.

**Application:** the preparation is recommended for adults to supplement their diet with magnesium and vitamin B6. It is especially recommended for active people, practicing sports, intensively working and learning.

**Recommended consumption:** adults – from 1 to 2 tablets a day.

Do not exceed the recommended daily dose. Dietary supplements cannot be used as a substitute (replacement) for a varied diet. Maintaining proper health requires a varied diet and a healthy lifestyle.

**Ingredients:** magnesium salt of citric acid (magnesium citrate – magnesium), binding agent: sorbitols, anti-caking agent: magnesium salts of fatty acids, acidity regulator: citric acid, pyridoxine hydrochloride (vitamin B6), flavors, sweetener: sucralose, anti-caking agent: dioxide silicon.

<b>Daily dose contains</b> :	1 tablet	2 tablets
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Magnesium	100 mg (27% RWS)	200 mg (54% RWS)
Vitamin B6	2 mg (143% RWS)	4 mg (286% RWS)

**Storage:** store at room temperature in a dry and dark place. Dietary supplements should be stored out of reach of small children.

### *Pack*

- 60 tablets

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