

Milk Thistle is a product containing milk thistle seed extract with a standardized silymarin content. Milk thistle contributes to normal liver function and to its detoxification, protecting it this way. It also has antioxidant properties and contributes to the protection of cells from oxidative stress. Moreover, milk thistle contributes to normal digestion and to normal blood sugar levels.

Intended use

Product is recommended for adults to supplement their diet in milk thistle extract contributing to normal liver function and normal digestion. Contributes to liver detoxification and to the protection of cells from oxidative stress

Recomended use

Adults - 1 capsule a day before a meal.

Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet. Maintaining normal health requires a varied and balanced diet and a healthy lifestyle.

Note! Pregnant and breastfeeding women should consult a physician before using the product.

Ingredients

Inulin, gelatin (shell ingredient), milk thistle (Silybum marianum) seed extract with a standardized silymarin content, anti-caking agent: magnesium salts of fatty acids, anti-caking agent: silicon dioxide, colour: calcium carbonate, emulsifier: sodium starch octenyl succinate.

Daily dose (1 capsule) contains:

68 mg of milk thistle seed extract, of which 34 mg of silymarin.

Storage conditions

Store in room temperature, in a dry and dark place. Food supplements should be stored out of reach of children.

Pack:

• 60 capsules

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