



# *Nordisept, lozenges*

*Nordisept – Iceland lichen with vitamin C, blackcurrant flavour*

## **Dietary supplement**

**Nordisept** is a preparation containing lichen extract (*Cetraria islandica* L.) and vitamin C. Thanks to mucous compounds and polysaccharides, the lichen, also known as

lungwort, coats the mucous membranes of the throat, larynx and vocal cords. Vitamin C helps in the proper functioning of the immune system and in the protection of cells against oxidative stress.

## *Application*

The preparation is intended for adults, adolescents and children over 6 years of age.

## *Recommended intake*

Children from 6 to 12 years of age – suck 1 lozenge three times a day.

Adolescents and adults – suck 1 lozenge 6 times a day.

It is recommended to suck the lozenge until it is completely dissolved.

Do not exceed the recommended daily dose. Food supplements should not be used as a substitute (replacement) for a varied and balanced diet. Maintaining good health requires a balanced diet and a healthy lifestyle.

## *Ingredients*

Sugar, glucose syrup, lichen extract (*Cetraria islandica* L.), acidity regulator: citric acid, sodium L-ascorbate, blackcurrant fruit juice powder concentrate, natural blackcurrant flavor with other natural flavors, color: cochineal.

## *Daily dose contains:*

- Iceland lichen extract 240 mg 480 mg
- Vitamin C 36 mg (45%) 72 mg (90%)

\*% of reference intake value

## *Storage*

Store at room temperature, in a dry and dark place. Food supplements should be kept out of reach of young children.

## *Pack:*

- 32 lozenges

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