

# Nordisept – Iceland lichen with vitamin C, blackcurrant flavour

#### **Dietary supplement**

**Nordisept** is a preparation containing lichen extract (Cetraria islandica L.) and vitamin C. Thanks to mucous compounds and polysaccharides, the lichen, also known as

lungwort, coats the mucous membranes of the throat, larynx and vocal cords. Vitamin C helps in the proper functioning of the immune system and in the protection of cells against oxidative stress.

### **Application**

The preparation is intended for adults, adolescents and children over 6 years of age.

#### Recommended intake

Children from 6 to 12 years of age – suck 1 lozenge three times a day.

Adolescents and adults - suck 1 lozenge 6 times a day.

It is recommended to suck the lozenge until it is completely dissolved.

Do not exceed the recommended daily dose. Food supplements should not be used as a substitute (replacement) for a varied and balanced diet. Maintaining good health requires a balanced diet and a healthy lifestyle.

# Ingredients

Sugar, glucose syrup, lichen extract (*Cetraria islandica L.*), acidity regulator: citric acid, sodium L-ascorbate, blackcurrant fruit juice powder concentrate, natural blackcurrant flavor with other natural flavors, color: cochineal.

## Daily dose contains:

- Iceland lichen extract 240 mg 480 mg
- Vitamin C 36 mg (45%) 72 mg (90%)

\*% of reference intake value

## Storage

Store at room temperature, in a dry and dark place. Food supplements should be kept out of reach of young children.

#### Pack:

• 32 lozenges

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