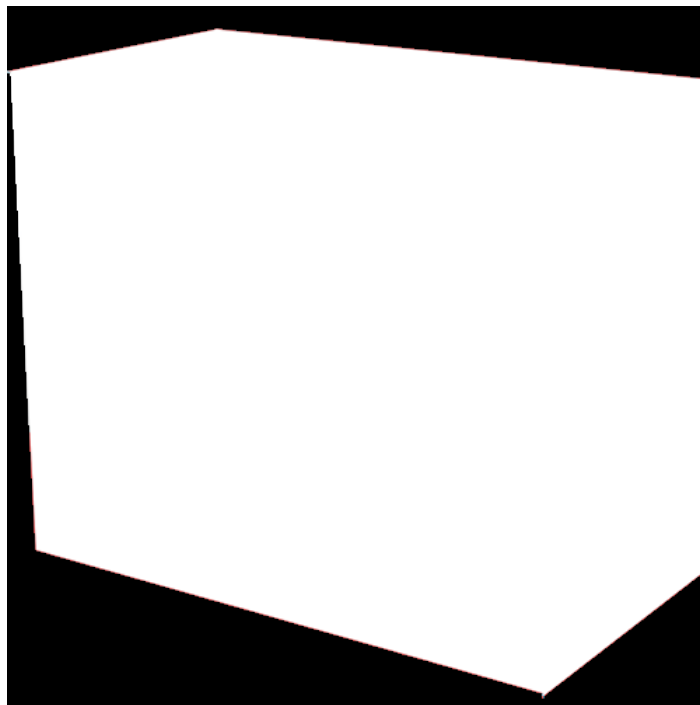




## *Proovulin*



Proovulin – a dietary supplement contains in its composition the biologically active form of inositol: myo-inositol, the active form of folic acid -5MTHF (5-methyltetrahydrofolate), vitamins: B6 and B12.

Myo-inositol is essential for the proper maturation of oocytes.

Folic acid belongs to the group of folates that contribute to the growth of maternal tissues during pregnancy, help in the proper synthesis of amino acids and proper blood production, and also take part in the process of cell division. It is also important that folates help maintain the proper metabolism of homocysteine.

Vitamin B6 and vitamin B12 help maintain the proper metabolism of homocysteine, help in the proper production of red blood cells and the proper functioning of the nervous system. In addition, vitamin B12 plays a role in the process of cell division, while vitamin B6 helps in the proper synthesis of cysteine and contributes to the regulation of hormonal activity.

Recommended intake:

Adults – 1 sachet daily with a meal. Dissolve the contents of the sachet in 100 ml of lukewarm water and drink it immediately after preparation. Do not exceed recommended servings for consumption during the day. Dietary supplements cannot be used as a substitute (replacement) for a varied diet. Maintaining proper health requires a balanced diet and a healthy lifestyle.

Ingredients:

Myo-inositol, pyridoxine hydrochloride, glucosamine 5MTHF, cyanocobalamin.

Application:

The preparation is recommended for adults, especially women in the reproductive period, in order to supplement the diet with inositol, folic acid, vitamins B6 and B12.

Myo-inositol, pyridoxine hydrochloride, 5MTHF glucosamine, cyanocobalamin.

Daily portion (1 sachet contains)

Myo-Inositol	2000 mg	—
Vitamin B6	1,4 mg	100%*
5-MTHF including: folic acid 400	418 µg 400 µg	— 200%*
Vitamin B12	2,5 µg	100%*

\*% RWS – Reference Value of Consumption

Net weight

62.1 g

Safety warnings

- Do not exceed the recommended daily dose.
- A dietary supplement cannot be used as a substitute (replacement) for a varied diet.
- Maintaining proper health requires a balanced diet and a healthy lifestyle.
- Store the product at room temperature.
- Store out of the reach of small children.

**Pack:**

- 30 sachets

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