



Raspberry Syrup with Linden Blossom with vitamin C



The ancient Greeks and Romans were already involved in the cultivation of **raspberries**, appreciating its nutritional and dietary properties. Its fruits contain

numerous pectins, anthocyanins, vitamins, as well as micro and macro elements. Potassium contained in them strengthens the heart. Iron and phosphorus have a positive effect on the level of red blood cells, and magnesium regenerates the nervous system. In addition, raspberries contain ellagic acid that has antioxidant properties and inhibits neoplastic processes.

Raspberry polyphenols counteract the formation of gastric and duodenal ulcers, and flavonoids (reducing platelet aggregation) are recommended in the prevention of atherosclerosis. Thanks to its anti-inflammatory, diaphoretic and antipyretic properties, raspberry is recommended for people with a cold or flu.

The use of linden inflorescences in Europe has quite a long tradition. Already in the Middle Ages, infusions were made to calm down, relieve headaches and indigestion. Today, the linden inflorescence is commonly used in colds and diseases of the upper respiratory tract due to its anti-inflammatory, antibacterial and diaphoretic properties. It includes i.a. flavonoids with antioxidant properties, saponins, tocopherol or amino acids.

Our product is a combination of 55% raspberry juice (*Rubus idaeus*) with linden flower extract (*Tilia cordata*), sugar and vitamin C, thanks to which it supports your immunity even better! In addition, vitamin C supports the work of the nervous system, protects cells against oxidative stress and the proper production of collagen. It also helps to reduce the feeling of fatigue!

Properties of raspberry:

- Has antioxidant properties!

- It prevents the formation of gastric and duodenal ulcers!
- It is recommended in the prevention of atherosclerosis!
- Has anti-inflammatory and anti-pyretic properties!

Properties of linden:

- Has anti-inflammatory, antibacterial and diaphoretic properties!
- It soothes the cough!
- Has a calming effect!
- Supports digestion!
- Has antioxidant properties!

Why choose our Syrups?

- Not From Concentrate means that our syrups are not reconstituted from the concentrate.
- Our products are pasteurized, which extends their shelf life, while maintaining valuable properties.
- The simple composition means that you will not find any artificial colors or preservatives in our World Syrups.
- Our syrups contain as much as 55% of juice.

- The dark color of the bottle reduces the incidence of sunlight and its negative impact on the product! In addition, our syrups are equipped with a non-spill stopper that facilitates pouring.

Application

The preparation is recommended for children over 12 years of age and adults as a supplement to the daily diet with vitamin C.

Recommended consumption

Children over 12 years of age and adults: 20 ml (4 teaspoons) daily.

The product should be consumed after diluting in 200 ml of cool water. Do not exceed the recommended daily dose. Dietary supplements cannot be used as a substitute (replacement) for a varied diet. Maintaining proper health requires a balanced diet and a healthy lifestyle.

The daily dose (60 ml) contains:

24 mg of vitamin C (30% of the reference intake value).

Ingredients

Pasteurized raspberry juice (*Rubus idaeus*) with linden flower extract (*Tilia cordata*) –

55%, sugar, L-ascorbic acid (vitamin C).

ATTENTION!

The product may slightly differ in color and taste depending on the batch. A natural precipitate may form. Shake well before consumption.

Storage

Store at room temperature. After opening, keep in the refrigerator for no longer than 14 days. Dietary supplements should be stored out of the reach of small children.

Volume:

- 250 ml

Plik wygenerowany na stronie Oleofarm.pl