



## *Raspberry Syrup with vitamin C*



The ancient Greeks and Romans were already involved in the cultivation of **raspberries**, appreciating its nutritional and dietary properties. Its fruits contain numerous pectins, anthocyanins, vitamins, as well as micro and macro elements. Potassium contained in them strengthens the heart. Iron and phosphorus have a

positive effect on the level of red blood cells, and magnesium regenerates the nervous system. In addition, raspberries contain ellagic acid that has antioxidant properties and inhibits neoplastic processes.

Raspberry polyphenols counteract the formation of gastric and duodenal ulcers, and flavonoids (reducing platelet aggregation) are recommended in the prevention of atherosclerosis. Thanks to its anti-inflammatory, diaphoretic and antipyretic properties, raspberry is recommended for people with a cold or flu.

Our product is a combination of 55% raspberry juice (*Rubus idaeus*), sugar and vitamin C, thanks to which it supports your immunity even better! In addition, vitamin C supports the work of the nervous system, protects cells against oxidative stress and the proper production of collagen. It also helps to reduce the feeling of fatigue!

## *Properties of raspberry:*

- Has antioxidant properties!
- It prevents the formation of gastric and duodenal ulcers!
- It is recommended in the prevention of atherosclerosis!
- Has anti-inflammatory and anti-pyretic properties!

## *Why choose our Syrups?*

- Not From Concentrate means that our syrups are not reconstituted from the concentrate.

- Our products are pasteurized, which extends their shelf life, while maintaining valuable properties.
- The simple composition means that you will not find any artificial colors or preservatives in our World Syrups.
- Our syrups contain as much as 55% of juice.
- The dark color of the bottle reduces the incidence of sunlight and its negative impact on the product! In addition, our syrups are equipped with a non-spill stopper that facilitates pouring.

## *Application*

The preparation is recommended for children over 12 years of age and adults as a supplement to the daily diet with vitamin C.

## *Recommended consumption*

Children over 12 years of age and adults: 20 ml (4 teaspoons) daily.

The product should be consumed after diluting in 200 ml of cool water. Do not exceed the recommended daily dose. Dietary supplements cannot be used as a substitute (replacement) for a varied diet. Maintaining proper health requires a balanced diet and a healthy lifestyle.

## *The daily dose (60 ml) contains:*

24 mg of vitamin C (30% of the reference intake value).

## *Ingredients*

Pasteurized raspberry juice (*Rubus idaeus*) – 55%, sugar, L-ascorbic acid (vitamin C).

### **ATTENTION!**

The product may slightly differ in color and taste depending on the batch. A natural precipitate may form. Shake well before consumption.

## *Storage*

Store at room temperature. After opening, keep in the refrigerator for no longer than 14 days. Dietary supplements should be stored out of the reach of small children.

### *Volume:*

- 250 ml

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