

REKINOL extra contains shark liver oil standardized to 20% of alkylglycerols. The product is high in monounsaturated fat, which includes omega-9 fatty acids. It is also high in omega-3 fatty acids. Replacing saturated fats with unsaturated fats in the diet contributes to the maintenance of normal blood cholesterol levels [MUFA and PUFA are unsaturated fats].

Eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) (both belonging to the omega-3 fatty acids family) contribute to the normal function of the heart 1 . Moreover, DHA contributes to the maintenance of normal vision and normal brain function 2.

REKINOL extra also contains vitamin D and garlic oil macerate with a standardized alliin content.

**Vitamin D** contributes to the maintenance of normal muscle function, to the normal function of the immune system and has a role in the process of cell division. It contributes to the maintenance of normal bones and teeth.

Garlic contributes to the normal function of the immune system and the normal function of the respiratory system.

**INTENDED USE:** product is recommended for children aged 6 years or more and adults to supplement their diet in ingredients contributing to normal function of the immune system. It's consumption is recommended especially in fall-winter season and around spring solstice.

1 the beneficial effect is obtained with a daily intake of 250 mg of EPA and DHA

2 the beneficial effect is obtained with a daily intake of 250 mg of DHA

**RECOMMENDED USE:** adults – 2 capsules a day half an hour before a meal, children aged 6 years or more – 1 capsule a day half an hour before a meal. Do not exceed the recommended daily dose.

Food supplements should not be used as a substitute for a varied and balanced diet. Maintaining normal health requires a varied and balanced diet and a healthy lifestyle.

INGREDIENTS: refined shark liver oil standardized to 20% of alkylglycerols, gelatin (shell ingredient), refined garlic (Allium sativum L.) oil macerate standardized to 2% of alliin, emulsifier: polyoxyethylene sorbitan monolaurate (polysorbate 20),

cholecalciferol.

DAILY DOSE contains:	1 capsule	2 capsules
shark liver oil, which:	450 mg	900 mg
alkylglycerols	90 mg	180 mg
garlic oil macerate, of which:	50 mg	100 mg
alliin	1 mg	2 mg
monounsaturated fatty acids, of which:	334,5 mg	669 mg
omega-9 fatty acids	236,5 mg	473 mg
omega-3 fatty acids, of which:	22,5 mg	45 mg
DHA	6,5 mg	13 mg
EPA	3 mg	6 mg
vitamin D3	2,5 µg (100 IU) (50%**)	5 µg (200 IU) (100%**)

\* vitamin D and garlic contribute to the normal function of the immune system

\*\* % of nutrient reference value

## Pack:



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