

Benefits:

- diet supplement
- 60 tablets
- 1 tablet a day
- two-month supplementation

• the preparation is recommended for adults to supplement the daily diet with selenium

Selenium helps in the proper functioning of the thyroid gland, helps to maintain healthy hair and nails, and helps in the proper functioning of the immune system and protecting cells from oxidative stress.

Application

The preparation is recommended for adults to supplement the daily diet with selenium.

Recommended use

Adults - 1 tablet daily.

Do not exceed the recommended daily dose. Dietary supplements cannot be used as a substitute (replacement) for a varied diet. Maintaining proper health requires a balanced diet and a healthy lifestyle.

Ingredients

Bulking agent: cellulose, sodium selenate (IV).

Daily dose (1 tablet) contains:

200 µg of selenium.

Attention! Pregnant and lactating women should consult a doctor before consuming the product.

Storage

Store at room temperature, in a dry and dark place, in a dry and dark place. Dietary supplements should be stored out of the reach of small children.

Pack:

• 60 tablets

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