



Skrzypolen



Skrzypolen is a food supplement containing ingredients that contribute to normal skin, hair and nails₁. Product is a blend of **fieldhorsetail** (*Equisetum arvense*) plant extract and **milled common flax**(*Linum usitatissimum*) **seeds**. Additionally, it contains **biotin** and **zinc** as well as **sulphur-containing amino acids: taurine and L-methionine**

. **Biotin** contributes to the maintenance of normal hair and skin. It contributes to normal macronutrient metabolism and to normal energy-yielding metabolism. **Field horsetail** contributes to normal condition of hair, skin and nails as well as to hair growth and strengthening of hair structure. Product contains **taurine and L-methionine** which belong to the group of sulphur-containing amino acids. Sulphur-containing amino acids are necessary for the formation of keratin (a protein naturally occurring in skin, hair, eyelashes and nails). **Zinc** contributes to the maintenance of normal hair, skin and nails and additionally contributes to normal DNA synthesis and normal protein synthesis as well as to normal carbohydrate metabolism, to normal metabolism of fatty acids and to normal metabolism of vitamin A.

Field horsetail and zinc contribute to normal hair, skin and nails.

Intended use: product is recommended for adults to support normal skin, hair, eyelashes and nails.

Recommended use: 2 capsules a day, before or during a meal. Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet. Maintaining normal health requires a varied and balanced diet and a healthy lifestyle.

Ingredients: milled common flax (*Linum usitatissimum* L.) seeds obtained through oil extraction, field horsetail (*Equisetum arvense*) herb extract, gelatin (shell ingredient), taurine, zinc gluconate, L-methionine, anti-caking agent: magnesium salts of fatty acids, colour: titanium dioxide, colour: copper complexes of chlorophylls and chlorophyllins, D-biotin

Daily dose (2 capsules) contains:

milled common flax (<i>Linum usitatissimum</i>) seeds	255 mg
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* % of nutrient reference value field horsetail (<i>Equisetum arvense</i>) extract	240 mg
Storage conditions: store in room temperature, in a dry and dark place. Food taurine supplements should be stored out of reach of children.	100 mg
L-methionine, Country of origin: Poland	60 mg
zinc	10 mg (100%*)
Pack: biotin	300 µg (600%*)

- 60 hardgel capsules
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