



VENTROL® is a blend of flaxseed oil with sea-buckthorn oil, vitamin A and vitamin E. It's high in unsaturated fat, polyunsaturated fat and omega-3 fatty acids which include alpha-linolenic acid (ALA). ALA and linoleic acid (LA) contribute to the maintenance of normal blood cholesterol levels¹. Replacing saturated fats with unsaturated fats in the diet contributes to the maintenance of normal blood cholesterol levels [MUFA and PUFA are unsaturated fats]. **Vitamin A** contributes to the maintenance of normal mucous membranes. Moreover, vitamin A has a role in the process of cell specialisation and contributes to the normal function of the

immune system. **Vitamin E** contributes to the protection of cells from oxidative stress.

1 the beneficial effect is obtained with a daily intake of 2 g of ALA or 10 g of LA

INTENDED USE: product is recommended for people who want to support normal mucous membranes.

RECOMMENDED USE: adults 15 ml (1 tbsp) two times a day during a meal. Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet. Beneficial effects can be observed after 2 weeks of taking the supplement. Maintaining normal health requires a varied and balanced diet and a healthy lifestyle.

DAILY DOSE (30 ml) CONTAINS:

Fat, of which:	27.7 g
saturates	2.8 g
unsaturates, of which:	24.9 g
mono-unsaturates	5.1 g
polyunsaturates, of which:	19.8 g
linoleic acid (LA) – omega-6	10.8 g
alpha-linolenic acid (ALA) – omega-3	9 g
Vitamin E	12 mg of alpha-tocopherol equivalent (100%**)

*% of nutrient reference value	
Vitamin A	800 µg of retinol
Contributes to the maintenance of normal mucous membranes*	equivalent (100%**)

*vitamin A contributes to the maintenance of normal mucous membranes

INGREDIENTS: cold-pressed flaxseed (*Linum usitatissimum*) oil, sea-buckthorn (*Hippophae rhamnoides*) fruit pulp oil, DL-alpha tocopheryl acetate, retinyl palmitate.

NOTE! A natural sediment may form. Shake well before consumption.

Volume:

- 500 ml netto

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