

VENTROL® is a blend of flaxseed oil with sea-buckthorn oil, vitamin A and vitamin E. It's high in unsaturated fat, polyunsaturated fat and omega-3 fatty acids which include alpha-linolenic acid (ALA). ALA and linoleic acid (LA) contribute to the maintenance of normal blood cholesterol levels. Replacing saturated fats with unsaturated fats in the diet contributes to the maintenance of normal blood cholesterol levels [MUFA and PUFA are unsaturated fats]. **Vitamin A** contributes to the maintenance of normal mucous membranes. Moreover, vitamin A has a role in the process of cell specialisation and contributes to the normal function of the

immune system. Vitamin E contributes to the protection of cells from oxidative stress.

1 the beneficial effect is obtained with a daily intake of 2 g of ALA or 10 g of LA

INTENDED USE: product is recommended for people who want to support normal mucous membranes.

RECOMMENDED USE: adults 15 ml (1 tbsp) two times a day during a meal. Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet. Beneficial effects can be observed after 2 weeks of taking the supplement. Maintaining normal health requires a varied and balanced diet and a healthy lifestyle.

DAILY DOSE (30 ml) CONTAINS:

Fat, of which:	27.7 g
saturates	2.8 g
unsaturates, of which:	24.9 g
mono-unsaturates	5.1 g
polyunsaturates, of which:	19.8 g
linoleic acid (LA) – omega-6	10.8 g
alpha-linolenic acid (ALA) – omega-3	9 g
Vitamin E	12 mg of alpha-tocopherol equivalent (100%**)

** of nutrient reference value

Vitamin A

Contributes to the maintenance of normal mucous membranes*

*vitamin A contributes to the maintenance of normal mucous membranes

INGREDIENTS: cold-pressed flaxseed (*Linum usitatissimum*) oil, sea-buckthorn (*Hippophae rhamnoides*) fruit pulp oil, DL-alpha tocopheryl acetate, retinyl palmitate.

NOTE! A natural sediment may form. Shake well before consumption.

Volume:

• 500 ml netto

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