

- diet supplement
- contains 15mg of zinc
- 1 tablet a day
- small and easy to swallow tablet
- highly absorbable form of zinc chelate zinc bisglycinate

- It is recommended especially in autumn and winter to support immunity

- It is also recommended for people who care about healthy hair, skin and nails, as

well as for men in childbearing age

**Zinc** contributes to the maintenance of proper metabolism of fatty acids,

macronutrients and vitamin A. It helps to maintain proper vision, carbohydrate

metabolism, cognitive functions, blood testosterone levels, as well as proper fertility

and reproductive functions. Zinc helps maintain healthy hair, skin and nails. In

addition, it helps maintain healthy bones and proper synthesis of protein and DNA.

Zinc also helps in the proper functioning of the immune system, protects cells

against oxidative stress and is involved in the process of cell division.

**Application:** the preparation is recommended for adults to supplement their diet

with zinc. It is especially recommended in autumn and winter in order to support the

proper functioning of the immune system. It is also recommended for people who

care about healthy skin, hair and nails, and for men of childbearing age.

Recommended use: adults - 1 tablet daily.

Do not exceed the recommended daily dose. Dietary supplements cannot be used

as a substitute (replacement) for a varied diet. Maintaining proper health requires a

balanced diet and a healthy lifestyle.

**Ingredients:** bulking agent: cellulose, zinc bisglycinate (zinc).

Daily dose (1 tablet) contains: 15 mg of zinc (150% of nutrient reference value).

**Storage:** Store at room temperature, in a dry and dark place, in a dry and dark place.

Dietary supplements should be stored out of the reach of small children.

Net weight: 6 g

## Pack

• 30 tablets

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