



**Zinc** contributes to normal metabolism of fatty acids, to normal macronutrient metabolism and to normal metabolism of vitamin A. It contributes to the maintenance of normal vision, to normal carbohydrate metabolism, to normal cognitive function, to the maintenance of normal testosterone levels in the blood and to normal fertility and reproduction. Zinc contributes to the maintenance of normal hair, skin and nails. Moreover, it contributes to the maintenance of normal bones, to normal protein synthesis and to normal DNA synthesis. It has a role in the process of cell division and contributes to the normal function of the immune system as well as to the protection

of cells from oxidative stress. Product contains zinc in a highly available, chelated form.

**Intended use:** the product is recommended for adults to supplement their diet in zinc. It is recommended especially during fall-winter season to support the normal function of the immune system. It is recommended for people who want to maintain normal skin, hair and nails and for men of the reproductive age.

**Recommended use:** adults – 1 capsule a day after a meal. Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet. Maintaining normal health requires a varied and balanced diet and a healthy lifestyle.

**Ingredients:** bulking agent: cellulose, gelatin (shell ingredient), zinc bisglycinate – zinc chelate (9.2%), anti-caking agent: magnesium salts of fatty acids, anti-caking agent: silicon dioxide, colour: titanium dioxide.

**Daily dose** (1 capsule) contains: 10 mg of zinc (100% of nutrient reference value).

### ***Pack:***

- 36 capsules

*Plik wygenerowany na stronie Oleofarm.pl*